

LCC Health and Adult Social Services Scrutiny Committee 1st February 2023

The main items on the Agenda were;

Community Mental Health Transformation Programme;

Lancashire and South Cumbria NHS Foundation Trust and LCC Adult Social Services reported on the Implementation of a Community Mental Health Transformation Programme which is to deliver a collaborative approach with place based Community Mental Health. This involves individuals participating as fully as possible, with statutory and non statutory commissioners and providers. This should address both health inequalities and social determinants of mental health

There are 44 deliverables by the end of 2023/4.

It anticipates Integrated Multi Disciplinary Teams led by Primary Care and each of 41 PCN s to have at least one community practitioner.

Particular programmes include Eating Disorders, working with the Voluntary Sector and 18/25 Transition.

Key challenges include workforce, outcome measures and data flow.

Happier Minds

Happier Minds is one of 3 major initiatives (the others being best start in life and healthy hearts).

Happier Minds has 5 key areas; emotional health self care, loneliness and social isolation, dementia, alcohol and drug use and self harm and suicide.

This report featured the new drug and alcohol partnership and work to reduce self harm and suicide across Lancashire, against a background of 1/10 A and E Attendances are alcohol related. Much of the data presented are County wide but in 2018/20 of the 161 drug related deaths there were none recorded in Ribble Valley.

In relation to Suicides rates are high in Chorley, Preston, Rossendale, Lancaster and Burnley; for example in Preston in 2021 there were 25 suicides in Preston; Ribble Valley has had a low incidence of these tragedies at 4.

Further progress will be reported in mid 2023.

The Committee are invited to note this report.